
CMDP NEWS

Bi-Annual Newsletter for Arizona's Foster Care Community

Ph. 602-351-2245, 1-800-201-1795

September 2004

Greetings from the staff of Comprehensive Medical and Dental Program (CMDP). Welcome to the Fall Edition of the **CMDP NEWS!**



2004 Member Survey Results

Thank you to everyone that completed and returned a member survey to CMDP. The surveys were mailed to members and foster caregivers in December 2003.

A copy of the results is included with this newsletter. The results were shared with the agencies that place children into foster care. If there are any questions, concerns, or to comment, please contact **CMDP Member Services**.

Primary Care Provider (PCP)

All CMDP members should have a Primary Care Provider (PCP), a physician, to manage their health care needs. The PCP is the coordinator of health care for members. The PCP works with other providers and tracks the health services given to members. They also make referrals for specialist care as needed.

CMDP wants you to choose a PCP from the CMDP Preferred Provider Network (PPN).

The providers in the PPN are listed in the **CMDP Provider Directory**. The providers in the directory understand the special needs of children in foster care.

The Provider Directory and a **Specialty Provider Directory** are included in a packet for new members. The packet is sent to the case manager or juvenile court official that enrolled the child with CMDP. They are required to give the packet to the child's foster caregivers.

Please let Member Services know the name and location of the PCP for each member in your home. Member Services can help you select a PCP. Member Services can also send you either of the Directories if you do not have them.

Primary Care Provider Selection

CMDP is sending a letter asking for the name and address of the PCP for each child in your home. This letter is included with the billing form for the August Service Month. The letter has directions for completing and returning it. **Please return the PCP selection letter with your billing form.**

Request For Member Addresses

It is important that we have the current address of each member. We get the addresses from the agencies that enroll children with our health plan.

To make sure we have the right address for each child in your home, please contact Member Services. CMDP welcomes calls from foster caregivers and members.

To Call CMDP, Phone-602-351-2245 or 1-800-201-1795

Out-of-State Providers

CMDP knows it may be a challenge to find providers for members that do not live in Arizona. Out-of-state foster care placements should use their family doctor and dentist when possible. However, all providers for CMDP members must register with the Arizona Health Care Cost Containment System.

CMDP Provider Services does the registration of all providers. They also explain health plan coverage and payment rules. For help with out of state providers please call **Provider Services** at 602-351-2245 or 1-800-201-1795, ext. 7042 or 7081.



Charges to Members

CMDP members and foster caregivers should not be billed for the health services CMDP covers. CMDP payments are considered payment in full.

The member ID card assures payment for covered health services. The "Notice to Providers" form also serves as identification in place of the ID card. Providers should accept either one.

CMDP can give proof of eligibility for CMDP covered services. Health care providers and foster caregivers can contact **Member Services** when there are questions or concerns.

If you have to sign any forms, please write:
"(Your Name) for DES/CMDP"

Also write, "Send all bills or claims to DES/CMDP"

P.O. Box 29202

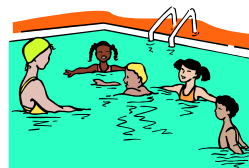
Phoenix, AZ. 85038-9202"

Always list CMDP as the responsible party for payment. Do not list your home address, phone number or social security number on any bills or claims.

Boys And Girls Club Membership



The Boys and Girls Clubs of Arizona offer free "After School Club Services" to children in foster care between the ages of 6 and 18 years. The CMDP member ID card serves as identification for foster children that enroll in this program. Please contact **Member Services** if there are questions about this new service.



Pharmacy Reimbursement

The CMDP ID card should be used for all covered pharmacy services. Members and caregivers can get their money back if they pay for medications that are covered by CMDP.

Please contact Member Services and ask for a prescription claims form. The form is mailed to you, so make sure CMDP has your correct address. Follow the instructions for completing and returning the form.

Do not return the form to CMDP. Mail the form to Walgreens Health Initiatives.

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Please include all receipts. The mailing instructions are on the form.

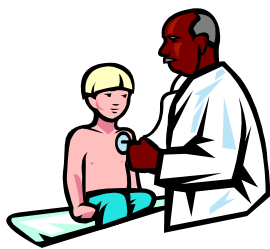
Health Assessments

CMDP has a list of providers that do health assessments for children who are entering foster care. The health assessments must be scheduled within two weeks after a child is placed into your home. Please ask the case manager or court official if the child had an assessment before coming to your home.

There is no requirement to use these providers either for an assessment or for ongoing care. They are offered as a service option. For a list of the providers, please call **Provider Services**.

The providers are available to do quality work in a timely manner. They are also familiar with children in the foster care system.

Children entering foster care have special needs. The main reasons for being placed into care are for abuse and or neglect. Also, they may have developmental disabilities, complex medical issues, substance abuse problems and/or health problems associated with premature births.



Health assessments include an exam and a health history. Exams offer a chance to learn if a disease or condition is affecting a child. The health history is a series of questions about the child's health.

Children in foster care are required to have yearly complete physical exams. You can bring a list of concerns you and the child may have. During the appointments ask the doctor or PCP for health advice and education materials on topics you want them to address. Having open talks with providers may help form a pattern of prevention throughout a child's life.

CMDP Medical Case Management

CMDP Medical Services staff can help with the medical case management needs of members. They work with the PCP, other providers, case managers and foster caregivers. They can help locate shot records for children and other health information as needed.

Lead Contaminated Candy

The Arizona Department of Health Services (ADHS) issued a warning on a chili-based candy known as "Chaca Chaca". It is made in Mexico. Infants, young children and pregnant girls should not eat this candy. This candy may contain very high levels of lead that could cause serious health problems.



Chaca Chaca is a brownish-red colored fruit pulp bar that is coated with salt and chili powder. It can be found in small markets in Arizona. One piece has nearly twice the daily level of lead recommended by the U.S. Food and Drug Administration for children.

Over-exposure to lead can be harmful to a fetus, an infant or a child. This could lead to learning and behavior disorders that last a lifetime. Consult with your PCP or doctor if a child or

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pregnant teen has eaten this candy. Medical testing may be needed.



Measles Alert

The Arizona Department of Health Services (ADHS) issued a Measles Alert to Arizona doctors in May 2004. They were told to be on the lookout for cases of measles. This is because of an outbreak of cases in central Mexico.

Most American doctors have not seen cases of measles in over 40 years. So please be aware that children with a fever and breathing problems should also be checked for measles. This is so even if children do not have a rash.

Travelers to Mexico should have their measles shots history reviewed. Both children and adults may need more shots. Even children between the ages of 6 months to 12 months can get a vaccine if there is an outbreak of measles.

For more questions, contact your local health department or ADHS at 602-364-3676.

Family Connections Center

The Lodestar Family Connections Center has many activities for families. It is run by Aid to Adoption of Special Kids (AASK). The location is 2320 N. 20th Street, Phoenix, AZ.



Each month there are workshops and fun events of interest to the foster care/adoption community.

The schedule includes, Coffee Chats, Family Game Nights, Parent's Night Out, and Parent Workshops for Dads. Children's mental health, education, teen support groups and much more are discussed.

If you have questions or want to learn more, please contact the Center. The Director of Training and Family Support Services is Barb Trella. The phone number is 602-254-2275.



Visit the CMDP Internet Website at:

<http://www.de.state.az.us/dcyf/cmdpe/>

**The Comprehensive Medical and
Dental Program (CMDP)
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